

## What We Do

The Interfaith Food Pantry provides groceries to Morris County residents through a variety of distribution channels. At our two food pantries families come directly to us to receive groceries.



Through our pantries we provide: dry goods, fresh produce, milk and dairy products, frozen meats, bread and desserts, baby products, pet supplies, and extra items when available such as paper goods, laundry and cleaning supplies, coffee and condiments.

## How Does Someone Receive Groceries?



To receive groceries a person must be a resident of Morris County. Following a brief phone interview, clients are assigned a day and time to pick up a full month's worth of groceries based on family size. Clients may take advantage of the program for as long as is necessary, and all information is kept confidential.

In addition to food distribution, we offer other programs such as:

- Nutrition Education
- Free Farmers Markets (extra produce distribution)
- Thanksgiving Baskets
- "We've Got Your Back" school supply program
- Screenings and referrals to other community programs
- On-site Community Garden
- Additional services that are periodically offered include health screenings, free vision exams and eyeglasses, free tax preparation, utility assistance, and legal counsel

## Healthy Choices Mobile Pantry Network

Our fleet of vehicles include a refrigerated van that enables us to handle individual deliveries as well as larger quantities of groceries, fresh produce, grains and dairy to houses of worship and community-based local food pantries, low-income senior housing units, and senior nutrition sites operated by the County. By working with an existing network of partners who have direct ties to their constituents we can reach many more people and strengthen the Morris County food security net without duplicating services or competing for resources.

In addition, we host a growing number of off-site Free Farmers Markets, which are extra produce distribution sessions for IFP clients and those of our Pantry Partners.

Lastly, our volunteer-based home delivery program pairs volunteers with homebound seniors and people with disabilities to deliver nutritious foods on a bi-weekly or monthly basis.



## Community Engagement

This is all made possible by many volunteers and advocates from the community, both individuals and groups from schools, houses of worship, businesses, civic groups and others who conduct food drives and fundraisers, spread awareness and run anti-hunger campaigns, and volunteer their time to help their neighbors in need.

The Mission of the Interfaith Food Pantry is to:

- Improve the health and well-being of Morris County residents in need by providing access to food, nutrition education and related resources;
- Provide hands-on opportunities for neighbors to help neighbors;
- Educate the public about the issues of hunger in our area.

The Interfaith Food Pantry Network is a non-profit, 501(c)(3) organization registered with the State Attorney General. Our Federal Tax ID is #22-3618468.



**HOURS OF OPERATION**  
**Pantry & Resource Center**  
**2 Executive Drive, Morris Plains, NJ 07950**

**Food Distribution:**

1<sup>st</sup> four days (M-T-W-TH) of each month 1:00pm – 3:00pm  
1<sup>st</sup> four Wednesdays of each month 6:00pm – 8:00pm  
1<sup>st</sup> four Saturdays of each month 10:00am – 12:00pm

**Free Farmer's Market (please register first)**

GAF – 1 Campus Drive, Parsippany  
2nd & 4th Friday of the month 10:00am – 1:00pm

**Satellite Pantry**  
**190 Speedwell Avenue, Morristown, NJ 07960**

**Food distribution**

Tuesday 9:30am – 12:00pm  
Wednesday 9:30am – 12:00pm  
Thursday 9:30am – 12:00pm  
2<sup>nd</sup> & 4<sup>th</sup> Thursday of the month 5:00pm – 7:00pm

**Free Farmer's Market:**

1<sup>st</sup> & 3<sup>rd</sup> Thursday of the month 4:30pm – 6:30pm

**Please arrive 15 minutes before closing !!**



**All new clients must call 973-538-8049 x210 and complete a brief phone interview before coming to the Pantries.**



**Interfaith Food Pantry**  
**and Resource Center**

**PANTRY, WAREHOUSE & RESOURCE CENTER**

Executive Drive Distribution Center, Morris Plains



**SATELLITE PANTRY**

Speedwell Avenue Distribution Center, Morristown



**Mailing Address:**

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